

Hopkinton Drug LECTURE SERIES

Free public lectures featuring prominent health professionals and wellness educators



Mold, lyme, fibromyalgia, chronic fatigue – when inflammation becomes chronic

Wednesday, September 16, 2015 6:30pm

Ritchie Shoemaker MD, *Biotoxin Specialist*

Dr. Shoemaker will review the elements of chronic inflammatory response syndrome beginning with its discovery and sequential advances in diagnosis. He will review therapies that are used in his 11-step treatment protocol and share with us exciting findings in regulation of gene transcription that lead to advanced insights into the inflammation we see in daily practice in a variety of conditions beyond CIRS.



Alternative Treatment for the Spine (Lower Back Pain)

Thursday, October 8, 2015 6:30pm

Binh Nguyen DC, *Chiropractor*

Discussion of the theories, misconceptions and causes associated with low back pain/sciatica. Learn why many have problems with their backs. Learn how to prevent back pain and what treatment works best. Understand your back symptoms and when you need to see a Doctor of Chiropractic.



Menopausal Hormone Replacement Therapy

Thursday, November 5, 2015 6:30pm

Kenneth Blanchard MD PhD, *Endocrinologist*

Discussions on the controversy surrounding menopausal hormone replacement therapy and what may be appropriate treatment options. Find out if HRT should be used for optimal health rather than just the treatment of symptoms such as hot flashes and night sweats.



Link between Oral Health of the Aging Population and General Overall Health

Tuesday, December 8, 2015 6:30pm

John Zarrella DMD, *Dentist*

The medical and dental professionals are joining together to promote awareness to the public on the many health risks and diseases caused from underlining chronic inflammation. Our overall health is compromised from an unhealthy mouth, mainly from gum disease. We'll review various types of chronic inflammation, how to stop it and preventive measures used every day. Exercise, proper nutrition and regular healthcare all play a role in reducing inflammation in our bodies.



Allergies and Asthma

Thursday, January 14, 2016 6:30pm

W. Alex Bingham MD ABoIM, *Integrative Physician*

Discussions on the affects allergens and other environmental stressors have on the body. Sneezing, watery eyes and congestion are common symptoms but the less obvious are digestive problems, migraine headaches, arthritis, eczema, psoriasis and sinus infections. Learn what causes symptoms to flare, including foods, environmental agents, chemicals/toxins and stress.

Join us for a lecture at
Hopkinton Senior Center, 28 Mayhew Street, Hopkinton, MA

For more information (508) 435-4441 ext. 111 www.rxandhealth.com

Hopkinton Drug 
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NOW OFFERING

Pharmacy Delivery



HOPKINTON DRUG SERVICES

Delivery

Hopkinton Drug delivers prescriptions free of charge to the communities of Hopkinton, Upton, Westborough, Southborough, Ashland, Holliston and Milford. Our delivery service is of great benefit to those patients who have difficulty coming into the store for their medications. We are happy to work with caregivers, nursing groups, and assisted living facilities.

Medication Synchronization

Hopkinton Drug is dedicated to helping patients keep organized and adhere to their prescription medication regimens. Medication synchronization schedules a patient's prescriptions to automatically be filled on the same day each month. What are the benefits of Medication Synchronization? Medication Synchronization reduces your trips to the pharmacy. It also relieves worries of missed refills or running out of medication. Our pharmacists work closely with you to help you manage your medications. Hopkinton Drug is one of few pharmacies using a comprehensive, automated medication synchronization system. Signing up is simple and convenient.

Clinics

Hopkinton Drug has Immunizing Pharmacists on staff, trained through the APhA National Certificate Program. Come by for your flu shot, appointments are recommended not required. We also provide influenza clinics at onsite locations like assisted living facilities, businesses, clubs and organizations. Call us at (508) 435-4441 ext. 125 to schedule your flu clinic.

Lecture Series

Our Lecture Series are free community events with highly qualified speakers within their field. Hosted at the Hopkinton Senior Center, these lectures are open to the public but pre- registration is recommended to ensure a spot.

Opioid Overdose Reversal Kits (naloxone)

Hopkinton Drug is one of the first pharmacies in Massachusetts to offer take-home opioid overdose reversal kits. In the event of an overdose, naloxone spray is administered into the nasal cavity of someone suffering from an opioid overdose. This can buy valuable time while waiting for first responders. Naloxone nasal sprays have saved hundreds of lives in the hands of EMTs and police officers. We are proud to make these kits available to the loved ones or those affected by opiate addiction. Come in and pickup your kit, no prescription necessary.

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